

SPA PACKAGES

Tropical Smoothie

Journeys Signature Facial, Journeys Salt Glow, Manicure and Pedicure.

3 hours \$215

Journeys Spa Signature Experience

Your experience begins with your choice of a Journeys Salt Glow, or Marine Body Polish and is followed by a Deluxe Facial. To complete your experience, select a 50-minute Swedish, Stress Relief, Acu-Roma or our Journey's Signature Massage.

3 hours \$220

Journeys Final Touch

Prepare for a spectacular night out with our Deluxe Facial, 50-minute Swedish Massage, Spa Manicure, Spa Pedicure, Hairstyle and Makeup Application.

5 hours \$340

Body Beautiful

Begin with the Marine Algae Wrap, next is a Sunless Bronzing application, finishing with a Pedicure.

2 hours \$200

Return of the Bath

Delightful treatments include your choice of bath with Journeys Salt Glow or Marine Body Polish, Journeys Signature Massage and Marine Algae Body Wrap.

3 hours \$275

SPA HOURS OF OPERATION

Monday-Friday, 8am-8pm

Saturday-Sunday, 8am-7pm

HEALTH CLUB HOURS OF OPERATION

Monday-Friday, 6:30am-9:30pm

Saturday-Sunday, 8am-8pm

Phone: 340.777.7100, ext. 2236 Fax: 340.715.0041

www.journeysspa.com

SPA TREATMENT MENU

*Your Journey
To Relaxation
Begins Here...*



JOURNEYS SPA
At Wyndham Sugar Bay Resort

MESSAGE THERAPY

**These services are also available in the comfort of your hotel room.*

Journeys "Beach" Stone Massage

Throughout history various cultures have combined the use of hot & cold stones from river & lava beds with massage to relieve aching muscles, improve circulation and lymphatic drainage. Local stones from our beaches are incorporated with a collection from throughout the world.

50 minutes \$115, 80 minutes \$165

Swedish Massage*

This traditional relaxing, soothing massage can be modified with a lighter or firmer touch per individual needs.

50 minutes \$80, 80 minutes \$115

Journeys Signature Massage *

A slightly firmer customized massage made more therapeutic with aromatic oil of Spirulina.

50 minutes \$90, 80 minutes \$125

Stress Relief Massage*

Swedish massage modified with anti-stress essential oils to melt away tension and anxiety. This soothing, calming and relaxing experience will leave you feeling like a new person!

50 minutes \$90, 80 minutes \$125

Sports/Deep Tissue Massage*

Deep tissue techniques that target specific muscle groups to relieve tension, stress and chronic muscular problems.

50 minutes \$115, 80 minutes \$145

Acu-Roma Massage*

Combining aromatherapy with Swedish techniques on specific points of the body to relax, relieve aches and pains or soothe the senses. A variety of essential oils are offered. Your therapist will guide your choice after a few brief questions.

50 minutes \$90, 80 minutes \$125

The Ultimate Couples Massage*

Candles are lit, music and aromas to relax are set in place and two therapists working simultaneously on both of you leaving you with the feeling that you have reached the state of bliss. The Ultimate Couples Massage becomes a great couples getaway if one of our baths are enjoyed beforehand.

50 minutes \$180, 80 minutes \$250

Reflexology*

Pressure with the thumbs and fingers is applied to the feet to release blockages and re-establish the body's energy flow. This treatment is tremendous for avid runners, athletes or those that use their feet a great deal.

25 minutes \$50



NAIL CARE

Manicure

Includes filing, shaping, soaking, hand massage and polish. \$30 French Manicure \$35

Spa Manicure

Traditional manicure with seaweed mask on hands/lower arms with and massage to elbows. \$45

Pedicure

Includes shaping, soaking, cuticle and callous treatment, relaxing foot & lower leg massage. \$50

Spa Pedicure

Classic pedicure with specialized longer lower leg massage mask applied to feet and lower legs to smooth and hydrate skin. \$65

Paraffin Wax Dip

A warm, soothing, moisturizing treatment that can be added to any hand or foot service. An excellent for alleviating arthritic discomfort. \$10 hands, \$15 feet

Ask us about our new BRISA gel nails.

SALON SERVICES

Shampoo, Blow Dry & Style – Long	starting from \$40
Shampoo, Blow Dry & Style – Short	starting from \$30
Highlighting	starting from \$75
Haircut & Style	starting from \$45
Permanent Color (one process)	starting from \$55
Wedding Style/Special Occasion	starting from \$75
Chemical Relaxer	starting from \$75
Makeup Application	\$65

Waxing

Lower Leg	\$35	Leg with Bikini Line	\$50
Full Leg	\$75	Full Leg with Bikini	\$90
Bikini Line	\$30	Under Arm	\$20
Full Arm	\$40	Lip, Chin, or Brow	\$15
Full Back	\$50	Tint Brows, or lashes	\$20

SKIN CARE

Deluxe or Gentlemen's Facial

Customized for your skin needs. Includes skin analysis, cleansing, exfoliation, extraction, massage, steam, mask and moisturizing cream. Every step and product chosen is based upon your skin type and condition. A wonderful choice for men and women.

50 minutes \$85

Journeys Signature Facial

Basic facial customized to your individual needs by your aesthetician providing your skin with a Pevonia ampoule followed with Pevonia's Aromatic Seaweed Mask to contour and remineralize.

50 minutes \$90

Luxurious Facial with Luminous "C" & Sea Mask

A rich formulation of stabilized vitamin C is massaged into your skin followed by the latest formulation of freeze dried seaweed and a lift-off vitamin mask that reduces fine lines and improves elasticity for glowing skin.

50 minutes \$115

Journeys Comforting Facial

This treatment works wonders on sunburned, sensitive skin, or a rosacea condition, visible capillaries and blotchiness. Highly comforting healing ingredients such as Green Tea, Chamomile, and Licorice. Ideal for those suffering from rosacea.

50 minutes \$125



BODY TREATMENTS

Sunless Bronzing

Receive an instant tan to make you look like you live here! For best results we recommend the Marine Body Polish prior to this treatment.

25 minutes \$80

Journeys Marine Algae Body Wrap

The treatment begins with an exfoliation the skin and stimulate the body's lymph system. Seaweed is mixed with aromatic essential oils to form a mask that is applied over the body to detoxify, remineralize, and tone the skin. While the product is working, enjoy a relaxing scalp massage.

50 minutes \$90

Journeys Sea Salt Glow

Long considered a healing source, sea salts are combined with aromatic oils help exfoliate skin, stimulate circulation and allow better hydration. This treatments ends with an application of your chosen scent's quenching cream. Leaves your skin silky smooth and lightly scented!

25 minutes \$65

Marine Body Polish

An invigorating treatment using gentle marine diatoms as the exfoliating agent mixed with your choice of essential oils. An excellent treatment for sensitive skin.

25 minutes \$65

Soothing Water Lily Wrap

Too much fun in the sun? The marriage of European white lily, green tea and chamomile combined to provide a soothing cool gel. Leaves your skin smooth, calm, toned and re-hydrated!

25 minutes \$80

HYDROTHERAPY

Caribbean Journey

The flavor of paradise! A milky coconut bath is flavored with pineapple & vitality aromatic essence. Tropical bliss. 20 minutes \$60 Individual, \$70 for two

Cleopatra & Antony Sensuality Journey

Their love was legendary. Antony was seduced by Cleopatra's charms in exotic milk baths fragrancd with the sensual essences of the East. Aromatic essences of ylang ylang, sandalwood, jasmine and cedar arouse the senses. Mixed with a luxurious milk and sea vegetable collagen, this bath is therapeutic, relaxing and sensual. 20 minutes \$60 Individual, \$70 for two

Japanese Spa Journey

The Japanese have long appreciated both the social and health benefits of thermal baths. Bathing is a ritualistic cleansing that is enjoyed socially with others. The therapeutic effects of green tea & ginseng are disguised as pure pleasure. The bath is enhanced with a blend of exotic essences to quiet the mind.

20 minutes \$60 Individual, \$70 for two

As an additional service option for all hydrotherapy sessions, a therapist will massage your neck, shoulders, scalp, and hands while you are enjoying any bath treatment.

15 minutes \$20/individual, \$25/couple

